

Super Bowl Party for a Purpose  
FOOTBALL, FREEDOM, AND FUN!



*Free*  
the  
captives

## BECOMING A HOST:

Thank you for hosting a Party for a Purpose on behalf of Free the Captives! During the Super Bowl and other major events, human trafficking spikes! By throwing this party, you are helping to spread awareness and raise money for teenaged trafficking survivors.

This packet is designed to make it easy for you to have a meaningful and fun event!

Be sure to post plenty of pictures/videos, tag us (Facebook: Free the Captives Houston, Instagram: @free\_the\_captives\_houston), and use our hashtag (#FTCTackleTrafficking).

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# HUMAN TRAFFICKING FACTS:



Human trafficking is when someone is made to perform labor or sexual services through the use of force, fraud, or coercion

Any person under the **age of 18**

who performs a commercial sex act is considered a victim of human trafficking regardless of whether force, fraud, or coercion was present



Houston is a major hub for both international and domestic trafficking

The average age of entry for a girl in the United States is

**12 – 14**  
years old!



Traffickers target young boys and girls using social media



Commonalities among trafficking victims are: broken homes, poverty, no father or father figure, history of sexual abuse, and low self-esteem

## Ttraffickers target their victim and groom them by:

Dating them and buying them material gifts

Isolating them from their support system

Abusing them if they do not cooperate

Using fear and abuse to control them



## HOW DO I KEEP MY CHILD SAFE?

Communicate  
with your child.

Depending on the age of your child, have open conversations about body awareness, safe touch, physical boundaries, and sex.

Emphasize that they will NOT get in trouble for sharing an uncomfortable or invasive encounter, no matter what the other person says.

Monitor online activity and social media accounts.

Know your child's friends, peers, and other influential relationships in their lives.

### **Stay informed.**

Sign up for our newsletter at [freethethecaptiveshouston.com](http://freethethecaptiveshouston.com), like us on Facebook, and follow us on Instagram.

# FREE THE CAPTIVES INFORMATION

***From being trapped in the horrific and unending nightmare of human trafficking to being set free and starting a new life, Free the Captives is giving hope to Houston girls.***

Human trafficking is a major problem in Houston where the average age of a girl being trafficked is 12 to 14 years old. Many of these girls are American girls, born and raised in Houston.

These young teens are not kidnapped or held at gunpoint; rather traffickers emotionally manipulate these vulnerable teens. Traffickers are preying on young teens who have low self-esteem, a difficult home life, and often lack a father figure. These girls typically have also been sexually abused and come from an impoverished background.

Founded in 2009, Free the Captives is a faith-based, anti-human trafficking 501(c)3 non-profit that fights the exploitation and trafficking of Houston's youth. We engage and mobilize the community while partnering with other non-profits, law enforcement, and government agencies in the fight against modern day slavery.

We rescue teenaged trafficking victims in Houston by working closely with law enforcement. We restore the lives of the victims by providing much needed jobs, GED tutoring, scholarships, housing and mentoring. We teach practical life skills as well as develop work ethic and entrepreneurship. Our staff also helps the girls get identification, go to medical appointments, and apply for jobs -- while also assisting them with material needs such as clothing, groceries, and furniture.

Free the Captives is also a leader in educating the public and raising awareness about human trafficking. We train thousands of people each year locally and nationally by speaking at churches, schools, academic conferences, and civic groups. We host our annual Houston Human Trafficking Conference, which trains professionals like law enforcement officers, attorneys, and therapists. Furthermore, we conduct research as well as focus on public policy issues in order to eradicate human trafficking in Houston.

Free the Captives' primary purpose is to fight the human trafficking of teenagers in Houston and help these girls rebuild their lives.

# HOW CAN I HELP?

## ***Buy a candle!***

To help teen trafficking victims rebuild their lives, they participate in Free the Captives' New Creations program. Our program encompasses a broad array of services from shelter, mentoring, support groups, tutoring, material assistance and more. Additionally, the cornerstone of New Creations is our job program where they develop life skills while making candles. This is often the first job experience that many victims have. It prepares them for the workforce and provides economic stability. Each candle you buy helps to restore and rebuild their lives.

Candles will be available for purchase Fall 2017 at [freethecaptiveshouston.com/store](http://freethecaptiveshouston.com/store)

Candles can also be purchased at these amazing locations:

**A 2nd Cup in the Heights**

**Juanderful Burrito in League City**

*Many thanks to Revolucion Coffee + Juice HTX in the Heights for also helping us sell candles*

## ***Volunteer***

We are always looking for volunteers!

Some of our upcoming events are:

**February 25th – Free the Captives' 7th Annual Houston Human Trafficking Conference, the "How to" End Trafficking Conference**

**April 22nd – Free the Captives' 3rd Annual 5K and Freedom Fest**

For more information, email: [volunteer@freethecaptiveshouston.com](mailto:volunteer@freethecaptiveshouston.com)

## ***Donate***

Last year, we were forced to turn girls away from our job program because we did not have enough physical space. We are currently fundraising for our own building so this does not happen again. Having a job is so important for rescued teens; it not only teaches them life skills and provides a paycheck, but also restores their confidence. Please consider donating today!

Guests can donate through you, the host, or they can donate online at [freethecaptiveshouston.com](http://freethecaptiveshouston.com), "Donate."

Checks can be made out to Free the Captives and mailed to:

**Free the Captives**  
**2211 Rayford Road, Suite 111-418**  
**Spring, TX 77386**

# POSTCARD CAMPAIGN

We work with some amazing law enforcement agencies, attorneys, and other service providers. These individuals are often overworked and underappreciated. Help us to thank them and encourage them for their hard work in the fight against human trafficking! You can use our template below, or write your own personal note. Postcards should be packed together in one envelope and mailed to:

**Free the Captives**  
**2211 Rayford Road, Suite 111-418**  
**Spring, TX 77386**

## Sample postcard:

Dear Freedom Fighter,

We appreciate all you do in the fight for freedom! Your work makes an impact on the lives of teenaged trafficking survivors. This city is safer because of people like you. Thank you for your hard work!

Sincerely,

Your Name



# ALL STARS RECIPES



## CUCUMBER MELON SALSA (serves 4)

- 2 cups melon, diced (preferably cantaloupe)
- 1 cup cucumber, peeled and diced
- 1/3 cup red onion, diced
- 2 tablespoons fresh lime juice (about the juice of 1 lime)
- 1 small fresh hot red or green chile (omit seeds to make less hot), minced
- 1/4 teaspoon salt

Mix all ingredients in a bowl and serve!

Link: <http://ourfourforks.com/cucumber-melon-salsa/>

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## SPARKLING CITRUS PUNCH (serves 16)

- 1 can (12 ounces) frozen lemonade concentrate, thawed
- 1 can (12 ounces) frozen orange juice concentrate, thawed
- 1 cup sugar
- 1 teaspoon vanilla extract
- 1 teaspoon almond extract, optional
- 8 cups cold water
- 2 liters lemon-lime soda, chilled

In two large pitchers or a large punch bowl, combine the first six ingredients. Gently stir in soda. Serve in chilled glasses.

Yield: 4 quarts.

Link: <http://www.tasteofhome.com/recipes/sparkling-citrus-punch>



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## VANILLA CUPCAKES (serves 20-25)

- 2 cups flour
- 1/2 teaspoon salt
- 2 teaspoons baking powder
- 1/2 cup butter, softened
- 3/4 cup sugar (or to taste)
- 2 eggs
- 1 cup milk
- 1 teaspoon vanilla extract

1. Preheat oven to 375 degrees F; line cupcake pan with desired liners
2. Cream butter and sugar until light and fluffy. Beat in eggs one at a time.
3. Add flour (mixed with baking powder and salt) alternating with milk (beat well); stir in vanilla
4. Divide evenly among pans and bake for 18 minutes. Let cool.
5. Decorate as desired

Link: <http://www.food.com/recipe/simple-vanilla-cupcakes-178370>



# FOOTBALL CHARADES

**Directions:** Cut up the following actions and put them in a bowl. Create teams and have one person from each team act out what is on their paper. The team with the most correct guesses, wins!

<b>Kicking a field goal</b>	<b>Tackling</b>	<b>Touchdown</b>	<b>Waterboy</b>	<b>Spiking the ball</b>
<b>Cheerleader</b>	<b>Warming the Bench</b>	<b>Doing the Wave</b>	<b>Coin Toss</b>	<b>Referee</b>
<b>Fumbling the Ball</b>	<b>Huddle</b>	<b>Hail Mary</b>	<b>Mascot</b>	<b>Interception</b>
<b>Getting Injured</b>	<b>Angry Fan</b>	<b>Marching Band</b>	<b>Halftime Show</b>	<b>Coach</b>
<b>Quarterback</b>	<b>Goal Post</b>	<b>Replay</b>	<b>Penalty</b>	<b>Foam Finger</b>
<b>MVP</b>	<b>Winners</b>	<b>Losers</b>	<b>Flag Football</b>	<b>Helmet</b>
<b>Blitz</b>	<b>Handoff</b>	<b>Time Out</b>	<b>First Down</b>	<b>Football Stadium</b>
<b>Putting on Uniform</b>	<b>Number One Fan</b>	<b>Singing the National Anthem</b>	<b>False Start</b>	<b>Victory Dance</b>

# SUPERBOWL COMMERCIAL BINGO

**Directions:** During commercials, play our Super Bowl Bingo! The first person to get BINGO, wins! One commercial can meet the description of more than one square.

<b>Network Promo</b>	<b>Dangerous Stunt</b>	<b>Heartwarming or Tear-jerker</b>	<b>Alcohol</b>	<b>Musical Artist</b>
<b>Dance Number</b>	<b>Cell Phone Provider</b>	<b>Adidas</b>	<b>Nostalgic</b>	<b>Talking Animals</b>
<b>Chips</b>	<b>Soda</b>	<b>Free Pass!</b>	<b>Movie Trailer</b>	<b>Internet Provider</b>
<b>Nike</b>	<b>TV Show Ad</b>	<b>Public Service Announcement</b>	<b>Funny Commercial</b>	<b>Car</b>
<b>Pizza</b>	<b>Clothing</b>	<b>Candy</b>	<b>Commercial featuring teams playing</b>	<b>Beer</b>

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<b>Talking Animals</b>	<b>Dangerous Stunt</b>	<b>Adidas</b>	<b>Babies</b>	<b>Chips</b>
<b>Patriotic</b>	<b>Pizza</b>	<b>Sports Drink</b>	<b>Clothing</b>	<b>Funny Commercial</b>
<b>Dance Number</b>	<b>Dogs</b>	<b>Free Pass!</b>	<b>Internet Provider</b>	<b>Soda</b>
<b>Candy</b>	<b>Musical Artist</b>	<b>Cats</b>	<b>Weight Loss Program</b>	<b>Commercial featuring teams playing</b>
<b>Working Out</b>	<b>Movie Trailer</b>	<b>Car</b>	<b>Fast Food</b>	<b>Beer</b>

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<b>Restaurant</b>	<b>Cats</b>	<b>Movie Trailer</b>	<b>Babies</b>	<b>Unsure of what's being advertised</b>
<b>TV Show Ad</b>	<b>Clothing</b>	<b>Up next... or Stay tuned...</b>	<b>Adidas</b>	<b>Public Service Announcement</b>
<b>Dangerous Stunt</b>	<b>Car</b>	<b>Free Pass!</b>	<b>Network Promo</b>	<b>Nostalgic</b>
<b>Weight Loss Program</b>	<b>Nike</b>	<b>Sports Drink</b>	<b>Beer</b>	<b>Musical Artist</b>
<b>Electronics</b>	<b>Dogs</b>	<b>Inspirational</b>	<b>Heartwarming or Tear-jerker</b>	<b>Pizza</b>

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<b>Dogs</b>	<b>Cell Phone Provider</b>	<b>Weight Loss Program</b>	<b>Soda</b>	<b>Talking Animals</b>
<b>Adidas</b>	<b>Network Promo</b>	<b>Fast Food</b>	<b>Alcohol</b>	<b>Car</b>
<b>Dangerous Stunt</b>	<b>TV Show Ad</b>	<b>Free Pass!</b>	<b>Working Out</b>	<b>Sports Drink</b>
<b>Internet Provider</b>	<b>Nike</b>	<b>Dance Number</b>	<b>Public Service Announcement</b>	<b>Chips</b>
<b>Nostalgic</b>	<b>Inspirational</b>	<b>Heartwarming or Tear-jerker</b>	<b>Movie Trailer</b>	<b>Beer</b>

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<b>Cell Phone Provider</b>	<b>Babies</b>	<b>Nike</b>	<b>Unsure of what's being advertised</b>	<b>Commercial featuring teams playing</b>
<b>Weight Loss Program</b>	<b>TV Show Ad</b>	<b>Heartwarming or Tear-jerker</b>	<b>Dangerous Stunt</b>	<b>Celebrity Appearance</b>
<b>Dogs</b>	<b>Patriotic</b>	<b>Free Pass!</b>	<b>Pizza</b>	<b>Car</b>
<b>Inspirational</b>	<b>Candy</b>	<b>Beer</b>	<b>Alcohol</b>	<b>Movie Trailer</b>
<b>Sports Drink</b>	<b>Cats</b>	<b>Nostalgic</b>	<b>Dance Number</b>	<b>Electronics</b>

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<b>Sports Drink</b>	<b>Soda</b>	<b>Heartwarming or Tear-jerker</b>	<b>Chips</b>	<b>Pizza</b>
<b>Network Promo</b>	<b>Weight Loss Program</b>	<b>Working Out</b>	<b>Up next...or Stay tuned...</b>	<b>Cats</b>
<b>Adidas</b>	<b>Dangerous Stunt</b>	<b>Free Pass!</b>	<b>Movie Trailer</b>	<b>Restaurant</b>
<b>Inspirational</b>	<b>Cell Phone Provider</b>	<b>Nike</b>	<b>Patriotic</b>	<b>Musical Artist</b>
<b>Clothing</b>	<b>Talking Animals</b>	<b>Internet Provider</b>	<b>Funny Commercial</b>	<b>Candy</b>

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<b>Commercial featuring teams playing</b>	<b>Musical Artist</b>	<b>Heartwarming or Tear-jerker</b>	<b>Working Out</b>	<b>Electronics</b>
<b>Car</b>	<b>Chips</b>	<b>Clothing</b>	<b>Celebrity Appearance</b>	<b>Unsure of what's being advertised</b>
<b>Cell Phone Provider</b>	<b>Patriotic</b>	<b>Free Pass!</b>	<b>Public Service Announcement</b>	<b>Network Promo</b>
<b>Soda</b>	<b>Dangerous Stunt</b>	<b>Funny Commercial</b>	<b>Cats</b>	<b>Nostalgic</b>
<b>Alcohol</b>	<b>Movie Trailer</b>	<b>Candy</b>	<b>Dance Number</b>	<b>TV Show Ad</b>